



Autism Advisory and Support Service

"Empowering children with autism
and their families through knowledge & support"

Behaviour Support

Positive Behaviour Support (PBS)

PBS assists individuals and their families by assessing the purpose of problem behaviours and then replacing these behaviours with alternate, functional behaviours. For behaviour change to occur, changes to the environment as well as the implementation of replacement behaviours is required. Our staff will work with you to change behaviour, they will help with the development and implementation of strategies.

The PBS process involves collecting information about the behaviours through a Functional Behavioural Assessment and other observation methods. This assists our staff in identifying what triggers the behaviour, where and when the behaviour is most likely to occur, and the functions of the behaviour. Once the Functional Behavioural Assessment is completed, the next stage involves planning, designing, and implementing a behaviour support plan.

When implementing a behavioural support plan, specific strategies, including teaching individuals to use their strengths to compensate for deficits in certain areas, are put in place with the use of reinforcements and motivators to encourage meaningful behaviours across all environments.

**For more information or to make an appointment with one of our team,
please call (02)9601 2844.**

***Autism Advisory and Support Service (AASS) has a range of therapists including
Speech Therapists, Music Therapist, Occupational Therapist,
Behavioural Therapists and a Psychologist.***

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