



Autism Advisory and Support Service

"Empowering children with autism
and their families through knowledge & support"

Art Play

For Children with a Diagnosis of Autism

Art Play uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals.

The creative process involved in artistic self-expression helps people to:

- resolve conflicts and problems
- develop interpersonal skills
- manage behaviour
- reduce stress
- increase self-esteem and self-awareness
- achieve insight

Children with Autism may have difficulty with verbal and social communication. Many can turn that ability to good use in processing memories, recording images and visual information, and expressing ideas through drawing or other artistic media.

Art is a form of expression that requires little or no verbal interaction which can open doors to communication and work to improve:

- the ability to imagine and think symbolically
- the ability to recognise and respond to facial expressions
- the ability to manage sensory issues (problems with stickiness, etc.)
- fine motor skills

WHEN: Sundays (fortnightly during school term)

TIME: 10am – 11am

LOCATION: Casula Powerhouse - Elizabeth

1 Powerhouse Road Casula

\$2.50 each session

Term Dates

Sunday 28th July

Sunday 11th August

Sunday 25th August

Sunday 8th September

Sunday 22nd September

Registration required Email: art@aass.org.au

For more information please call (02)9601 2844