

Autism Advisory and Support Service

"Empowering children with autism and their families through knowledge & support"

Music Therapy

What is Music Therapy?

Music therapy is a research-based practice and profession in which music is used to actively support people as they strive to improve their health, functioning and wellbeing. Music Therapy is the planned and creative use of music within and through a therapeutic relationship. Music therapy works on non-musical goals and differs from music education and entertainment.

How can Autism Advisory and Support Service (AASS) assist you?

At the Autism Advisory and Support Service (AASS) our registered Music Therapist provides 30 minute individual and group therapy sessions to help individuals with Autism. Music Therapy can support children, adolescents and young adults with:

- Social skills
- Behavioural issues and challenges
- Cognitive skills
- Physical and sensory needs of an individual

Our registered Music Therapist is eligible to provide services under FaHCSIA: Helping Children with Autism funding and the NDIS.

For more information or to make an appointment with one of our team, please call (02)9601 2844.

Autism Advisory and Support Service (AASS) has a range of therapists including Speech Therapists, Music Therapist, Occupational Therapist, Behavioural Therapists and Psychologist.

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