

Specialist intellectual disability services

Name	Description
<p>NSW Ministry of Health Statewide Intellectual Disability Mental Health Hubs</p>	<p>Overview https://www.health.nsw.gov.au/mentalhealth/Pages/intellectual-disability-mental-health-hubs.aspx</p> <p>Established to support people with intellectual or developmental disability access appropriate mental health care, the Hubs offer face-to-face and virtual care, specialised assessment, care planning, reporting and recommendations, and capacity building. There are two hubs, one for adults and one for children and adolescents.</p> <hr/> <p>Statewide Intellectual Disability Mental Health Outreach Service (SIDMHOS) https://www.slhd.nsw.gov.au/mentalhealth/SIDMHOS.html and https://www.health.nsw.gov.au/mentalhealth/services/adults/Pages/intellectual-disability-adults.aspx</p> <p>SIDMHOS has the objective of improving access for all adults with an intellectual disability to quality mental health care across NSW. Among the key tasks of SIDMHOS is providing clinical support to the state's Local Health Districts (LHDs), and creating opportunities for workforce development and capacity building, in order for consumers to receive specialist-level mental health care within their local community.</p> <p>The Hub offers advice and help with local pathways; case-based discussions, team case reviews and joint team assessments.</p> <p>Telephone advice and case-based discussions are offered to all registered health professionals practising in NSW. Referrals for SIDMHOS to participate in case reviews or conduct Joint team assessments are offered to psychiatrists and LHD mental health services who agree to provide continuing care.</p> <hr/> <p>Sydney Children's Hospital Network Mental Health and Intellectual Disability Hub (SCHN MHID) https://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/mental-health-services/sch-chw-mhid and https://www.health.nsw.gov.au/mentalhealth/services/children/Pages/intellectual-disability-children-teens.aspx</p> <p>The SCHN MHID Hub aims to improve the mental health of children and adolescents under 18 years of age with intellectual or developmental disability.</p> <p>The Hub is run by the Developmental Psychiatry Team within the Department of Psychological Medicine at the Children's Hospital Westmead. The team includes a clinical psychiatrist, clinical psychologist, occupational therapist, social worker and service co-ordinator and manger.</p> <p>The Hub is a short-term consultation service, becoming involved when assessment or treatment has not been successful and specialist expertise is required. The ongoing care remains with the referring clinician.</p> <p>Services include joint consultation with the mental health clinician or medical professionals and the child or young person, and their family member or carer to provide assessment, diagnosis and treatment intervention of one to three consultations; clinical consultation to provide short-term treatment advice to the referrer and case-based discussions between the Hub psychiatrist and the referring clinician.</p> <p>Referrals are accepted across NSW from paediatricians (after initial referral to CAMHS services), child psychiatrists, and CAMHS clinicians seeking advice.</p>

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NSW Health funded multidisciplinary Specialist Intellectual Disability Health Teams (SIDHT) in six Local Health Districts

Hunter New England Local Health District

Eligible clients in the Central Coast Local Health District can also be seen by the team.

Email: HNELHD-IntellectualDisabilityTeam@health.nsw.gov.au

Phone: 02 4924 6067

Northern Sydney Local Health District

Northern Sydney Intellectual Disability Service

<https://www.nslhd.health.nsw.gov.au/Services/Pages/NIDHS.aspx>

Northern Sydney Intellectual Disability Health Service, located in Cremorne, is a multidisciplinary health service for school aged children, adolescents and adults with intellectual disability and complex health needs. This service provides medical and health consultations, advice and referrals. It works in conjunction with the patient's GP and/or paediatrician, other health services and disability service providers to deliver co-ordinated health care. People with intellectual disability who live in the Northern Sydney Local Health District are eligible to be seen at the clinic. The service also provides some outreach services to regional areas.

Eligible clients in the Mid North Coast and Northern NSW Local Health Districts can also be seen by the team.

[Clinic Flyer](#)

Email: NSLHD-IntellectualDisability@health.nsw.gov.au

Phone: 02 8968 3400

South Eastern Sydney Local Health District

Kogarah Diagnostic and Assessment Service (DAS)

<https://www.seslhd.health.nsw.gov.au/services-clinics/directory/child-youth-family-services/disability-services>

The Kogarah DAS at St George Hospital provides a range of multidisciplinary and inter-agency clinic services for people with developmental delay or disability and intellectual disability across age groups with associated health and mental health conditions. Specialist clinic services include paediatric and adult psychiatry. A referral from a GP or specialist is generally required.

Eligible clients in the Nepean Blue Mountains and Illawarra Shoalhaven Local Health Districts can also be seen by the team.

Email: SESLHD-SpecialistIntellectualDisabilityHealthTeam@health.nsw.gov.au

Phone: 02 8566 1222

South Western Sydney Local Health District

The Fairfield Specialist Disability Health Team

The Team aims to address the health needs of people with intellectual disability across their lifespan. They offer time-limited services to children, adolescents and adults with an intellectual disability who have complex health conditions and a current unresolved health issue, conduct assessments and support the treating GP/paediatrician to implement the plan, and provide capacity building services for mainstream health staff.

Eligible clients in the Southern NSW Local Health District can be seen by the team.

Email: SWSLHD-FairfieldCHC-SDHT@health.nsw.gov.au

Phone: 02 9794 1820

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	<p>Sydney Local Health District</p> <p><i>The Specialist Team for Intellectual Disability (STRiDeS)</i></p> <p>STRiDeS provides multidisciplinary health assessments, a Health Care Plan with recommendations for the person's GP or health professional, and referrals to health and other services as needed. Children, adolescents and adults with an intellectual disability are eligible if they have complex health conditions and a current unresolved health problem. The service is based at the Croydon Health Centre.</p> <p>Eligible clients in the Western Sydney Local Health District can be seen by the team.</p> <p>Clinic Flyer Email: SLHD-STRIDES@health.nsw.gov.au Phone: 02 9378 1364 / 02 9378 1100</p> <p>Western NSW Local Health District</p> <p>Eligible clients in the Far West and Murrumbidgee Local Health Districts can be seen by the team.</p> <p>Email: WNSWLHD-SIDHT@health.nsw.gov.au Phone: 02 6369 8542</p>
NSW Developmental Disability Health Unit	<p>https://cds.org.au/clinical-services/our-clinical-services/nsw-developmental-disability-health-unit-ddhu/</p> <p>The NSW Developmental Disability Health Unit provides a consultation service for adolescents and adults with developmental disabilities, their family and support persons, working in conjunction with their GP. It is a state-wide health clinic based at the Royal Rehab Hospital in Ryde. Services include the treatment of mental health and emotional disorders.</p> <p>Phone: 02 9808 9287 Email: Nicky.Shellard@sydney.edu.au</p>
Disability Assessment and Rehabilitation Team for Young People (DARTYP)	<p>https://www.healthdirect.gov.au/australian-health-services/23010451/concord-repatriation-general-hospital-disability-and-rehabilitation-team-for-young-people/services/concord-west-2138-1A-hospital-road</p> <p>The DARTYP is a multidisciplinary team based at Concord Hospital. The team provides a rehabilitation service for people with intellectual disabilities, multiple and/or complex disabilities.</p> <p>The service is provided to people with intellectual disability 16 years and over and people with complex neurological and multiple lifelong disabilities aged 16–50 years.</p> <p>Phone: 02 9767 5730 Email: SLHD-DARTYP@health.nsw.gov.au</p>
3DN Clinic for the Assessment of Neuropsychiatric Disorders in Intellectual Disability (CANDID)	<p>https://www.3dn.unsw.edu.au/clinics</p> <p>CANDID is a tertiary outpatient service which aims to support specialists working with people with intellectual disability by providing second opinions on complex cases. It is also an important training resource for medical students, psychiatry trainees and IDMH Fellows. It is located in the EUROA Centre at the Prince of Wales Hospital, Randwick. Referrals are accepted from specialists currently managing patients 18 years and older who will be offering continuing care (those aged 16–17 years will be considered after discussion).</p>

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<p>The Royal Australian and New Zealand College of Psychiatrists Section of Psychiatry of Intellectual and Developmental Disabilities (SPIDD)</p>	<p>https://www.ranzcp.org/membership/faculties-sections-and-networks/intellectual-developmental-disabilities</p> <p>The SPIDD, which has a NSW arm, can provide clinical support and peer review. See the SPIDD newsletter for contact details.</p>
<p>The Royal Australian and New Zealand College of Psychiatrists Find a psychiatrist</p>	<p>https://www.yourhealthinmind.org/find-a-psychiatrist</p> <p>Individuals can search for RANZCP psychiatrists by primary problem area, population treated, location, name, treatments and services, and language spoken.</p>
<p>Australian Psychological Society Find a Psychologist</p>	<p>https://www.psychology.org.au/Find-a-Psychologist</p> <p>Individuals can search for APS psychologists by primary problem area, location and name.</p>