



Autism Advisory and Support Service

"Empowering children with autism
and their families through knowledge & support"

Occupational Therapy

What is an Occupational Therapist?

Occupational Therapists (OT's) assist people to participate in their everyday occupations. An 'occupation' being an activity that occupies a person's time such as school, work, play, rest and self-care activities.

Occupational therapy is the use of assessment and treatment to develop the daily living skills of people with a physical, mental, or cognitive disorder. OT's focus much of their work on identifying and eliminating environmental barriers to independence and participation in daily activities.

Occupational therapy is a client-centered practice that places emphasis on the progress towards the client's goals. Interventions focus on adapting the environment, modifying the task, teaching the skill, and educating the individual and their family in order to increase participation in and performance of daily activities.

How can Autism Advisory and Support Service (AASS) assist you?

Our Occupational Therapists work closely with you to provide therapy sessions that are tailored to help individuals with autism. Intervention can be provided at our centre in Liverpool or in the community (eg. home, childcare, school, respite, day program and work placement).

Our Occupational Therapists can support you or your family member with:

- assisting with sensory processing difficulties through participation in fun activities in a sensory rich environment.
- environmental and activity modification and/or adaptations
- helping achieve developmental milestones such as fine motor skills and hand-eye coordination
- promote skill development and independence in all daily activities
- educating and involving parents, carers and others to facilitate the development and learning of children

For more information or to make an appointment, please call (02)9601 2844

**Our Occupational Therapists are eligible to provide services under;
Medicare, HICAPS and the NDIS.**

Autism Advisory and Support Service (AASS) has a range of therapists including Speech Therapists, Music Therapist, Occupational Therapist, and Psychologists.

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