



# Autism Advisory and Support Service

ABN 63 073 684 085

"Empowering children and adults with autism and their families through knowledge and support"

## Psychological Assessment – What to Expect:

### Who will conduct the assessment?

The assessment is completed by a registered psychologist at the AASS centre.

- **Stephanie Watts (Psychologist):** Stephanie has experience working with children, adolescents, and adults, and has a passion and interest in Autism Spectrum Disorder. Stephanie has a personal and professional background in Autism Spectrum Disorder and related disorders, and therefore aims to provide support and understanding to autistic individuals and their families. Stephanie will work closely with the client, and their family to make sure supports are provided. Stephanie will work collaboratively with your GP, psychiatrist or pediatrician to make sure the best support is provided.

### What the assessment will look like?

Section	Who with	How long	Example
1. Interviews	<ul style="list-style-type: none"> <li>• Parent/Caregivers</li> <li>• Client</li> <li>• Family member or friend (if necessary)</li> </ul>	1-2 hours	Information gathered: <ul style="list-style-type: none"> <li>• Mental Health</li> <li>• Social skills</li> <li>• Medical history</li> <li>• Home life</li> <li>• Behaviour / Challenges</li> <li>• Developmental growth</li> <li>• Strengths and skills</li> <li>• School / academic skills</li> <li>• Daily living (Executive Function)</li> </ul>
Formal Assessment	<ul style="list-style-type: none"> <li>• Client only</li> </ul>	2-4 Hours	Autism Assessment: <ul style="list-style-type: none"> <li>• ADOS</li> <li>• CARS</li> <li>• ADI-R</li> <li>• AQ</li> <li>• CAT-Q</li> </ul> Psychometric Assessment <ul style="list-style-type: none"> <li>• WISC-V</li> <li>• WPPSI-IV</li> <li>• SB5</li> </ul>
Questionnaires and Paperwork	<ul style="list-style-type: none"> <li>• Parent/Caregivers</li> <li>• Client</li> </ul>	To be completed prior to session.	All Assessments: <ul style="list-style-type: none"> <li>• ABAS</li> </ul> ADHD: <ul style="list-style-type: none"> <li>• BDEFS</li> </ul> Autism Assessment: <ul style="list-style-type: none"> <li>• CARS (child / adolescent)</li> </ul> Mental Health: <ul style="list-style-type: none"> <li>• DASS-21</li> </ul>



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## What do I need to bring?

On the day of the assessment, it is recommended that you bring:

- Paperwork provided to you by AASS (e.g., intake form)
- Referral form (if required)
- Completed questionnaires.
- Previous reports from professionals (e.g., Speech therapy report)
- Notes or important information.
- Food and Drink (there will be breaks throughout the day)
  - There are also shops close by if wanting to purchase food.
- Entertainment (if child will be attending during interview portion)

## What happens after the assessment?

**REPORT:** Once the assessment day is completed, the psychologist will start scoring and marking the assessments, and placing results into a report.

- ASD and Intellectual assessments: a full report is provided with background information, results, diagnoses, and recommendations.
- ADHD and Mental Health assessments: a letter with a summary of information, diagnoses, and general recommendations is provided.

**FOLLOW UP:** At the time of the assessment, you can organise a follow up session to go through the results and recommendations. This can be done face to face (30-minute session), via email, or telephone (+ email). These sessions are included in the price of the assessment.

Looking forward to seeing you at the assessment. If you have any questions in the meantime, please contact AASS on:

Ph: 9601 2844

Email: [info@aass.org.au](mailto:info@aass.org.au)