

FREE Cultural Mindfulness Training

Build stronger connections with the diverse communities you serve by expanding your cultural awareness. This training equips you with practical skills to better understand, support and collaborate with people from diverse cultural backgrounds . You will learn to:

- Recognise cultural differences
- Use practical strategies to support clients and colleagues
- Strengthen communication and partnerships with diverse communities
- Build respectful and inclusive relationships



Date: Tuesday, 10th Feb 2026

(PART 1)– Working with CALD Communities through a Cultural Lens

Date: Tuesday, 17th Feb 2026

(PART 2)– Working with CALD Communities through a Cultural Lens with soft introduction to Pacific Islander Communities

Location: Bryan Brown Theatre & Function Centre– Lansdowne Room 1
Address: 80 Rickard Rd, Bankstown NSW 2200

MorningTea to be provided.

Delivered by



Time:
9.30am–
12.30 pm

Bookings Essential
Click on Register Now button

REGISTER NOW

These workshops are in collaboration with:



**Who should
attend?**

Aged Care Workers and
Service Managers,
Frontline community
workers, policy makers,
service development
officers and health
workers.